

Community IN ACTION

Newsletter October 15, 2007

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DIRECTOR'S



CORNER

Jerralynn Ness Executive Director

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COMINGS & GOINGS

Welcome to:

Ramona Conklin, Teacher II Dalia Nunez, Teacher III

Sadly we say goodbye to: Sam Widmer, IS Manager

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*NOTE: Please check this address weekly for current information and details. We have many jobs in development that will be posted before the next publication and we will take applications as each job is posted.

Month 2007 BIRTHDAYS



	Dalia Nunez	01
	Martha Guel de Luna	02
	Darlene Dacey	03
	Yangchin Topgyal	04
	Ruzica Djurdjevic	05
•	Erika Early	06
	Margarita Hernandez	06
	Manuel Jose Alcaraz-Navarro	10
	Pat Rogers	11
	Aponlonia Diego-Sebastian	14
	Vanessa Popa	18
	Sonia Espinoza	19
	Shauna Hanson	23
	Kimberly Foesch	24
	Yesenia DeLaPaz	25
	Erin Saint Romain	25
	Sara Andersson	26
	Brenda Neri	29

IMPORTANT: PLEASE NOTE THESE CHANGES TO THE

HOLIDAY FOOD BASKET PROGRAM.

There are further changes this year as the Oregon Food Bank-Washington County transitions away from providing the Holiday Baskets for Washington County residents. The Salvation Army will be the primary coordinator and there will be NO paper applications available at libraries, schools, service agencies, etc. this year. They will do "In person" and "online" registrations only. In-person registration will be held for one week only from October 29th through November 3rd at specified locations only. Beginning Monday, October 22, 2007 people can register online to receive a food basket or sign up to sponsor a family. Go to the website http://www.help4holiday.org on, or after October 22 to complete the application process online. More information is available from your Program Coordinator or by contacting Community Action's Information & Referral Program at ext 238 or 224.

October is:

Adopt a Shelter Dog Month
Celebrate the Bilingual Child Month
National Caramel Month (Yum!)
Celiac Sprue Awareness Month
National Breast Cancer Awareness Month
Vegetarian Month
National Bake and Decorate Month



Holidays in October

Vegetarians Day -- October 1 World Habitat Day -- October 6 Yom Kippur -- October 8 National Kick Butt Day -- Oct 13 National Grouch Day -- Oct 15 World Food Day -- Oct 16 Mother-in-Law Day -- Oct 26

HALLOWEEN -- Oct 31

It's nearly time to start planning for those Thanksgiving leftovers!

Thanksgiving Panini
2 slices country-style bread, each 1/2 inch thick
Olive oil for brushing
1 Tbs. mayonnaise
2 Tbs. cranberry relish
2 or 3 slices roasted turkey
1/2 cup leftover cooked dressing

1/4 cup turkey gravy, warmed

Preheat frying pan. Brush one side of each bread slice with olive oil. Lay the slices, oiled side down, on a clean work surface. Spread the top of one slice with the mayonnaise. Spread the top of the other slice with the cranberry relish. Arrange the turkey on the mayonnaise. Top with the dressing, then top with the other bread slice, oiled side up. Place the sandwich on the preheated pan and weight down with a plate topped with a can, or in closed panini press until the bread is golden, 3 to 5 minutes. Transfer the sandwich to a cutting board and cut in half. Serve immediately with the warmed gravy for dipping. Serves 1.



CHILD DEVELOPMENT

We began the year with a presentation from Tom Hunter at our Head Start All Staff meeting. Tom Hunter is a modern-day minstrel with a busy national schedule of conferences, workshops, school visits, and family concerts. For 31 years, he has been singing and writing songs, and exploring what songs do to help us learn, teach, celebrate, grieve, believe, play, and tell the stories of our lives.

Tom's presentation was on *Nourishing the Heart of our Teaching*. The core idea of his workshop was that our own vitality is the most important resource we have as teachers. He acknowledged the fact that we're living and teaching in a time that often drains us of that vitality. The question is: How do we fill ourselves up so we're drained as little as possible and so the children will benefit from our vitality? One answer to that question is to keep finding ways to *celebrate* the work we do each and every day.

Our Part day PreK program has met the challenges that come with expansion and a new school year. We have 32 new teachers working in our classrooms and four new PACs. Everyone appreciates the support from the "experienced" folks we work with daily.

"You need to be aware of what others are doing, applaud their efforts, acknowledge their successes, and encourage them in their pursuits. When we all help one another, everybody wins."

Jim Stovall



FAMILY & COMMUNITY RESOURCES



Community Action's Housing & Homeless Services is kicking off a new program called **Bridges to Housing!** This program is a collaborative approach to solving the experience of homelessness for families throughout the Portland Metro Area. Many partners from Washington County, Multnomah, Clackamas, and Clark County in southwest Washington have been working with the Neighborhood Partnership Fund for approximately three years to conceptualize this project. Each of these jurisdictions is kicking off their own versions of this program.

The partners in Washington County consist of representatives from Community Action, the Department of Housing Services, the Department of Human Services, and Community Partners for Affordable Housing, Tualatin Valley Housing Partners, local government and the Community Housing Fund.

The Bridges to Housing approach will represent a systemic change in the way we serve families who are experiencing homelessness. It is innovative, because it involves the use of a methodology to end homelessness known as "Housing First". Housing First is a strategy that takes into consideration that it is much less expensive to skip "shelter", and place a homeless family into "Housing First". Supportive services are then provided as the family stabilizes in their housing.

Alicia Perez of Community Action will be the Bridges to Housing case manager in Washington County. She will screen homeless families during their holistic assessments at DHS for program eligibility. Eligibility will be determined by criteria related to a history of high resource usage by the prospective family. After eligibility has been determined, Alicia will then guide the family through the application process for housing, and continue to work with them for a period of two years. It is our goal to have these families in their new apartments within one week of accessing services at their DHS branch. Bridges to Housing will serve 15 families in the start up phase.



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